

different route options we could think of. Thanks go to all the landowners and Natural England for giving their permission as well as Marsden Sports Centre, Edale Village Hall and Fieldhead Campsite for Start and Finish venues.

Amanda and Andrew Heading of www.RaceKit.co.uk offered to sponsor the race by donating prizes for all category winners and providing race numbers. They also contributed many ideas and worked very hard throughout the day to ensure that the race ran smoothly. Many thanks.

Thanks to all the runners for entering and running the race. See you next year! Nicky Spinks
Nicky Spinks

1. O. Johnson	DkPk	3.13.49
2. S. Harding	Macc	3.18.18
3. N. Northrop	DkPk	3.26.07
4. J. Morgan O/40	DkPk	3.28.11
5. K. Rawlik	Carneth	3.30.02
6. J. Minshull O/50	Gloss	3.30.09
7. M. Ollerenshaw	Gloss	3.37.30
8. I. Symington	Macc	3.38.47
9. J. Barrett	Unatt	3.43.52
10. S. Knowles O/40	Penn	3.44.04

VETERANS O/50

1. (6) J. Minshull	Gloss	3.30.09
2. (13) G. Williams	DkPk	3.46.54
3. (36) K. Holmes	DkPk	4.10.20

VETERANS O/60

1. (47) Y. Tridimas	Bowl	4.27.52
2. (50) M. Cochrane	DkPk	4.29.45
3. (81) A. Brentnall	Penn	4.54.32

LADIES

1. (25) H. Marshall	Unatt	4.00.20
2. (31) N.Spinks O/40	DkPk	4.08.22
3. (79) H. Slater O/40	FatB	4.54.25
4. (80) L. Murgatroyd		
O/40	CaldV	4.54.28
5. (89) J. Worboys-Hodgson		
O/40	DenbyD	4.59.25
(150) H. Winder O/60	Macc	5.59.24
(160) C. Heaton O/50	Retf	6.25.46

166 finishers

LAMBS LONGER LEG Derbyshire AS/5km/290m 15.01.12

The weather was fine and dry for this classic race with the sun in a blue sky. The ground was frozen for the most part but the surface had begun to thaw somewhat making grip a little tricky on the steep, sheep nibbled descents to the finish.

Jack Ross led them out, was neck and neck with Tom Brunt at the top of the big climb on the way home and finally pulled away to finish 25 seconds in front of Tom at the finish with finishing times of 26.40 and 27.05 respectively. Darren Holloway had a fantastic run to finish third in 27.50, just beating team mate Muir Morton by five seconds!

In the ladies, Pennine Fell Runners finished first, second and third. Naomi Greaves finished first in 35.18 having led from the top of the big climb on the way back. Mary Edgerton ran a superb race and just managed to hold off team mate Clare Parker by nine seconds - times of 36.22 and 36.21 respectively.

Pennine Fell Runners had made it one of their Club Championship races and enjoyed considerable success, apart from superb

individual performances, they won both the men's and ladies' team prizes.

Many, many thanks to all who helped out and in particular to those who offered to help at the last minute - to give them all a well deserved mention, Gerry Goldsmith, Jane Hewitt, Grayham Simpson and Glossop Kinder Velo cycling mates Paul Tickle and Gerry Peat. Many thanks also to Fiona and David, the landlords of the Lamb Inn, for the use of their car park and for being so understanding of race needs.

Thanks to all who entered, hope you all enjoyed the race and hope to see you all again next year.

The Race will be held on Sunday 13 January 2013 at 11.00am.

Brian Shelmardine

1. J. Ross	StaffsM	26.40
2. T. Brunt	Holmf	27.05
3. D. Holloway O/40	Penn	27.50
4. M. Morton	Penn	27.55
5. D. Ward	Penn	29.01
6. I. Mills O/40	Unatt	29.34
7. D. Kilpin	Pstone	29.53
8. M. Johnson	Stockp	30.03
9. M. Messenger O/40	Macc	30.17
10. A. Frost	DkPk	30.57

VETERANS O/50

1. (11) R. Horsfield	DkPk	31.34
2. (13) I. Warhurst	Penn	32.17
3. (19) A. Barnett	DkPk	33.50

VETERANS O/60

1. (18) B. Blyth	Macc	33.32
2. (47) T. Longman	Macc	38.13
3. (66) N. Goldsmith	Penn	44.35

LADIES

1. (30) N. Greaves	Penn	35.18
2. (36) M. Edgerton O/50	Penn	36.22
3. (43) K. Harvey O/50	Penn	37.16
4. (56) L. Bloor O/40	Penn	39.32
5. (57) A. Brentnall O/60	Penn	39.34
(64) B. Haigh O/60	Pstone	41.39

82 finishers

CROSBY COMMONER Cumbria CS/10km/237m 21.01.12

Saturday 21 January saw Crosby Ravensworth C of E School host the inaugural Crosby Commoner Fell Race, attracting 130 runners from across the north of England.

91 seniors started in cool, dry but blowy conditions on the 7-mile course across Gaythorne Plain and Crosby Common. Despite the strong turnout it was local lad, and relative newcomer to the fells, Carl Bell (Howgill Harriers), who took advantage of the undulating course and unseasonably 'good to firm' conditions, leading from beginning to end and setting a course record of 48.12. Veteran of the fells, Jim Davies (Borrowdale) and Dufton resident Bill Stewart (Holmfirth) took 2nd and 3rd respectively, proving the winter hadn't harmed the form of local runners.

Kath Aubrey (Helm Hill) successfully battled the westerlies to put in a typically fast turn taking 1st lady in 60.49. Angela Armstrong (Keswick) followed in 2nd followed closely by Jen Mattinson, ensuring that the Howgill Harriers were also represented on the ladies' metaphorical podium.

Junior runners had their own special courses, and were equally competitive. 39 children registered for the race, and again locals took many of the prizes in their age groups. The school and Lyvennet Nursery would like to thank all runners for supporting the race. We look forward to hosting you in our little corner of Cumbria again in 2013.

Thanks also go to the many members of the wider community who helped to make the day run remarkably smoothly but, more importantly, provided lashings of tea and delicious home-made cakes to refresh our tired competitors.

Jonathan & Nina Walkingshaw

JUNIORS

U/8s

1. E. Mossman	06.02
2. B. Walsh	06.15
3. R. Conner	06.45
4. R. Dyer	06.57
5. B. Walkingshaw	07.20

U/10s

1. C. Harding	09.25
2. E. Wren	10.05
3. J. Roelants	10.09

U/12s

1. J. Connor	16.12
2. A. Slaterry	16.50
3. E. Barker	18.51

STANBURY SPLASH West Yorkshire BM/7m/1200ft 22.01.12

"I love it, honest I really do. Once I start a Soreen malt loaf I just have to finish it. Andy Peace, Rob Jebb, Graham Pearce and myself worked cycle peleton style into the fierce wind, each taking it in turns, which allowed us to break away from the rest. Around Ponden Kirk valley skyline, Rob had gained 30 metres and it was Graham who told me to go get him. By the Heights we were together, but Rob pulled away up the climb out of Sladen Beck, on the run back to Penistone Hill I knew I had to give it my all. It was amazing to win it, I felt strong all the way and it was one of those days when it all came together and after my recent injuries it was great to be back" said 29 year old Tom Adams after winning the 29th Stanbury Splash race. Former British and English fells champion and World Sky running champion, Rob Jebb, finished ten seconds behind and was reasonably happy, especially since this was only his second race back after dislocating his shoulder five months ago at the Whittle Pike race. The other race was over the Christmas period at the steep up and down Wansfell race, 'today's was too fast for me, I was expecting to climb to Stanbury trig point, and didn't realise the route had changed, but Tom ran well' said the 36 year old. Graham finished third while winner of the Lambs longer leg fell race and English U18 champ Jack Ross took fourth, with English U23 champion Tom Addison fifth.

The locals' trophy was finally won by Haworth lad, Andy Peace, a previous two time winner of the race in sixth overall and he also won the first V40, ahead of fifteen times winner, Ian Holmes.

Last year's local winner, Paul Crabtree, had an excellent run to finish thirty third, especially since the previous day he had won the Hebden fifteen mile race. Phil Taylor won the V50, Brian

Horsley the V60 and Malcolm Coles the V70.

Withins Skyline winner, Jo Buckley, retained her Stanbury title after a head to head with twice winner, Sharon Taylor. 'It was nip and tuck all the way with Sharon, on any of the climbs I had the advantage. Although on the long climb out of Ponden Beck to the skyline I just sat in behind her, Sharon was just a metronome running up there. I knew once we returned to the Pennine Way I had to hammer it down the track, and I did, sprinting like mad! Once into the beck I literally dragged my body up that last climb, knowing I had to stay away' said the 35 year old Haworth GP. 'I last won this race nine years ago, and it's very special as it was my first ever race win. It was a good race between me and Jo' said 32 year old Sharon, who recently won the Kirby Moor race, and is gaining strength, speed and motivation after the birth of her daughters Millie, three and Isla, eleven months.

English V40 bronze medallist Lynne Clough finished third with fast improving Louisa Pickles fourth, in fifth Kate Archer led Ilkley Harriers to the ladies' team awards with Helen Thurston, eighth and Jann Smith, tenth. Former world

downhill MBT champion Karen Ballantine, won the first locals' prize with ninth overall.

It was impossible for the junior runners to stand up never mind run, the wind was that strong and cold. Twenty nine eager, lean, mean squidgy runners splashed and dashed their way round the U8s' course, Jath Lee second in the Withins Rat Runs U8 race won from James Johnson and Chris Brown. Chris is improving fast being twentieth at the Rat Runs and thirteenth at the Stoop race. It was a thrilling finish in the GU8 race with four seconds separating the first four girls, Emma Lloyd improved from tenth at the Rat Runs to win, Mollie Hesketh finished two seconds behind, another second to Charlotte Bennison and another to Alayna Irvine. Alayna of

Clayton Le Moors also ran in fancy dress costume, being 'Little Miss Sunshine', Alayna always gets into the spirit of these races and dons fancy dress, good on yer girl! Stoop U12 winner and U10 record holder Joshua Newbold won the combined U10, U12 and U14 race outright from 107 runners, with U14 Matthew Merrick second and U12 Thomas Nelson third. Callum Durrans, the Rat Run U10 winner won

again from Harry Johnson and Eric Beaumont. Eric is definitely one to watch having won the U8 races on Penistone a few times and is joint U8 record holder. English and Yorkshire silver medallist Lucy Byram won the GU14s from twin sister Erica, Natalya Irvine won the GU12 from Bethan Morley, whilst Ilkley team mate Emily Elmes won the GU10 from Caitlin Rimmer. Holmfirth Harriers provided the GU16 winners in Sophie Spencer and Eddie Hinchcliffe, Eddie had the honour of setting off the 372 senior runners. Besides Little Miss Sunshine two other juniors Lewis Hodgson and Angel Smith ran in fancy dress both appropriately dressed as Soreen malt loaves, all three received more malt loaf and a box of Heroes chocolates each. Soreen goody bags were enjoyed by all the junior runners and malt loaves, Go bars and chocolate were thrown in the air after the junior prize giving. All the junior and senior category winners collected a signed picture of Yorkshire's very own world champion triathlon brothers, Alistair and Jonny Brownlee. Thanks to Soreen for their continued support which makes this race very unique and popular, that's why it's affectionately known as the Malt Loaf Run!

The Woodentops

1. T. Adams	Ilk	45.45
2. R. Jebb	Bing	45.55
3. G. Pearce	P&B	46.13
4. J. Ross	StaffsM	46.37
5. T. Addison	HelmH	46.47
6. A. Peace O/40	Bing	47.16
7. I. Holmes O/40	Bing	47.52
8. T. Brunt	Holmf	48.00
9. M. John	Otley	48.52
10. A. Whitem	CalderV	49.35

VETERANS O/50

1. (38) P. Taylor	Ross	54.20
2. (50) N. Holding	WPenn	55.54
3. (61) M. Springer	Horsf	57.33

VETERANS O/60

1. (153) B. Horsley	CalderV	65.23
2. (222) J. Hignett	Ross	71.08
3. (224) S. Moss	FRA	71.15

VETERANS O/70

1. (239) M. Coles	VStr	72.14
2. (350) P. Martin	Bowl	88.52
3. (355) G. Arnold	Prest	91.51

LADIES

1. (47) J. Buckley	CalderV	55.36
2. (54) S. Taylor	Bing	56.11
3. (74) L. Clough O/40	Chorl	58.37
4. (78) L. Pickles	Wharf	58.51
5. (107) K. Archer	Ilk	62.06
(151) K. Ballantine O/40	Kghly	65.12
(175) K Taylor O/50	Ross	67.14
(242) M. Jagan O/60	CravenE	72.36
(245) S. Fulton O/50	Bing	72.53
(368) L. Boothman O/60	Baild	102.31

106 finishers

JUNIORS

0.8km/30m

Under 8 Boys

1. J. Lee	Kghly	3.17
2. J. Johnson	Unatt	3.22
3. C. Brown	Clay	3.29

Under 8 Girls

1. E. Lloyd	Kghly	3.51
2. M. Hesketh	Clay	3.53
3. C. Bennison	FRA	3.54

1.6km/50m



Nidd Valley's Tim Harvey at the 29th Soreen Stanbury Splash



Start of the 29th Sreen
Stanbury Splash

Under 10 Boys

1. C. Durrans	Holmf	7.58
2. H. Johnson	Unatt	8.10
3. E. Beaumont	Kghly	8.19

Under 10 Girls

1. E. Elmes	Ilk	9.25
2. C. Rimmer	DkPk	9.50
3. M. Yates	Holmf	10.05

Under 12 Boys

J. Newbold	Wharf	6.58
2. T. Nelson	CalderV	7.05
3. T. Pidcock	Unatt	7.09

Under 12 Girls

1. N. Irvine	Clay	8.07
2. B. Morley	Ilk	8.32
3. O. Roper	Bing	9.13

Under 14 Boys

1. M. Merrick	Bing	7.04
2. L. Holmes	Kghly	7.40
3. M. Nicoll	Bing	8.25

Under 14 Girls

1. L. Byram	Holmf	7.34
2. E. Byram	Holmf	7.50
3. V. Merrick	Bing	8.31

3.2km/100m

Under 16 Boys

1. E. Hinchcliffe	Holmf	13.09
2. D. Smith	Kghly	16.38

Under 16 Girls

1. S. Spencer	Holmf	16.11
2. M. Jagger	CaldV	16.49
3. H. Carter	Kghly	18.12

BLAKES HEAVEN

Cumbria

AS/8k/503m 28.01.12

Despite the high winds and sleet/rain showers of the day before, the race day was blessed with bright, frosty still conditions with snow lying on the tops, for the third year running.

An entry of 104 runners, including four V/70s! ensured some good racing.

The race was fronted by Ricky Lightfoot and Carl Bell, who led the field through the

mandatory route out on the forest tracks to the marshal from which some opted for the run through the trees rather than remaining on the track to the climb onto Sharp Knott summit.

The leaders crossed the line with Ricky Lightfoot inishing in 32.00 and Carl Bell 17 seconds later, and Ian Collison in 32.32.

The ladies' race was nearly as close with Nina Walkinshaw the fastest time in 44.07 with Jen Mattinson just over 30 seconds behind and Jackie Casey in the V/50 category taking the ladies' third place overall and the fastest V/50 as well.

The vets' categories as always far outnumbered the seniors; in men's races Steve Birkinshaw 5th overall in 34.29 took the V/40 prize, and Tracy Park the fastest LV/40.

Peter Crompton was the fastest V/50 with club mate Andy Beaty a close second just in front of Mike Walsh, who had a great finish to take the V/60 category.

To round up the proceedings and giving everyone hope for the later years in life, Pete Taylor won the V/70 category ahead of club mates, Barry Johnson and Steve Watson, great going guys!

Big thanks to Joe Richardson for the use of his land and all those who ran, helped and watched.

Chris Knowles

1. R. Lightfoot	Ellenb	32.00
2. C. Bell	Howgill	32.17
3. I. Collison	Eden	32.32
4. R. Findley-Robinson	DkPk	33.35
5. S. Birkinshaw O/40	Borr	34.29
6. P. Cornforth O/40	Borr	34.52
7. J. Nichol O/40	Kesw	35.00
8. R. McGrath	Ellenb	35.07
9. S. Johnstone	Ellenb	35.10
10. M. Robinson O/40	DkPk	36.11

VETERANS O/50

1. (25) P. Crompton	CFR	39.32
2. (31) A. Beaty	CFR	40.35
3. (33) C. Valentine	Kesw	41.26

VETERANS O/60

1. (32) M. Walsh	Kend	40.58
2. (69) M. Hinde	Borr	48.37

3. (79) R. Whittaker	CFR	51.47
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VETERANS O/70

1. (89) P. Taylor	CFR	56.20
2. (93) B. Johnson	CFR	57.01
3. (102) S. Watson	CFR	67.00
4. (103) K. Nixon	BlCombe	69.48

LADIES

1. (46) N. Walkinshaw	CFR	44.07
2. (48) J. Mattinson	Howgill	44.38
3. (51) J. Kenyon O/50	Unatt	45.20
4. (52) J. Casey O/50	BlCombe	45.26
5. (53) T. Beetham	Kesw	45.33
(58) T. Parker O/40	CFR	46.36

103 finishers

GREEBA FELL

Isle of Man

AM/14km/750m 28.01.12

1. L. Taggart O/40	MFR	1.07.37
2. T. Cringle	MFR	1.12.37
3. S. Skillicorn	MFR	1.17.43
4. P. Kneen O/40	MFR	1.21.54
5. I. Gale O/40	MFR	1.23.24
6. J. Lee Lady	MFR	1.23.50
7. T. Hughes	MFR	1.26.47
8. P. Bradley	MFR	1.27.30
9. D. McGreevy O/50	New	1.27.58
10. D. Gelling	MFR	1.28.27

VETERANS O/50

1. (9) D. McGreevy	New	1.27.58
2. (20) A. Gosnell	MFR	1.37.36
3. (36) I. Callister	ManxH	1.47.09

VETERANS O/60

1. (19) R. Webb	IOMV	1.37.12
2. (51) P. Cooper	IOMV	1.56.09
3. (65) R. Mough	WAC	2.09.35

LADIES

1. (6) J. Lee	MFR	1.23.50
2. (12) K. Burge	Unatt	1.31.14
3. (18) J. Quane O/40	NAC	1.36.58
4. (28) S. Curphey	MFR	1.42.38
5. (52) S. Walker O/40	ManxH	1.56.37
6. R. Hooton O/50	MFR	1.57.10

82 finishers